

Look through the key rings, they have different things to spark your interest.... Each color has different things for you to discover!

1. I'm feeling.....

2. What's not working?

3. I need to vent and let it out

4. Building and Creating

5. I need to be quiet, I need some "alone" time

6. I need to get some physical energy out

7. Music: What helps me? What speaks to me?

8. Nature scenes....where can you imagine yourself being?