### **Indoor Recess Activity Board**

#### In this package, you will find:

- 1. Indoor Recess Activities -Cycle 3- Suggested activities
- 2. Visual of layout of Activity Board
- 3. Title cards for your Activity Display board
- 4. Activity cards for Quiet Time Activities, Physical Activities and Community Projects

Note: We encourage you to laminate these cards for extended use. They can be affixed with Velcro, FunTak or Magnets.

### Indoor Recess Activities – Cycle 3

Quiet Time Activities	Physical Activities	Community Project
<ul> <li>Mandalas/coloring pages</li> <li>Origami (have patterns, paper and samples already made)</li> <li>Reading</li> <li>Listening to music</li> <li>Cards, Uno, YUM, Skip Bo</li> <li>Rush Hour, Tip Over</li> <li>Blockus (for 2, for 4)</li> <li>Tenzi (dice game, 77 ways to play)</li> <li>Battleship, Mastermind</li> <li>CLUE, LIFE, Sorry</li> <li>Checkers, Chess</li> <li>Spot it!, Dobble</li> <li>"Craft Station" – having different materials available, changing things up periodically to keep it interesting and inspiring</li> <li>Art for Kids Hub – can watch wide variety of how- to-draw videos, usually under 15 minutes in length</li> <li>Search'n Find books, placemats</li> <li><u>Personal project</u>:</li> </ul>	Physical Activities         ✓ Go Noodle/Let's Dance         ✓ Minute to Win It Challenges         ✓ Desk Drumming – create their own routines         ✓ Pool Noodle workout         ✓ Alphabet Fitness         ✓ Boks Fitness program         ✓ Yoga exercises         ✓ "Create your own dance routine"         ✓ Cup stacking – construction and destruction         ✓ Foosball         ✓ Twister         ✓ 7-UP         ✓ Basketball         ✓ Mini golf, Mini Hockey         ✓ Cup stacking	Community Project <ul> <li>Team THEME mural on banner paper</li> <li>Class Puzzle</li> <li>THEME craft table</li> <li>Maze construction/simple wood projects</li> <li>Creating a class 'Life-size JENGA' with wood pieces and adding inspirational quotes to each piece</li> <li>Suspend</li> <li>Scattergories</li> <li>Pictionary</li> <li>Monopoly, Jumanji</li> <li>Head Bands</li> <li>Scrabble, Apple Scrabble, Bananagrams</li> <li>Create a "Class Treasure Hunt"</li> <li>Create a book (as a class or individually)</li> <li>Charades</li> <li>STEM challenges (ex. Tower Marshmallow Challenge, Catapult Challenge)</li> </ul>
<ul> <li>✓ <u>Personal project</u>:</li> <li>✓ Knitting, weaving, craft creations</li> <li>✓ Fidget making</li> <li>✓ Scrapbooking</li> <li>✓ Sketching (personal book)</li> </ul>		

#### **Indoor Recess Activities**

#### **Quiet** Time Activities









### **Physical Activities**









#### **Community Projects**









### **Quiet Time Activities**

# **Physical Activities**

# **Community Projects**

# **Special Activity**

# Indoor Recess Activities





Reading	Listening to Music	Image: Sector
		MEMORY GAMES FOR KIDS
Sewing project	Origami	Brain Boost Games



Foosball	Basketball	Mini golf
Dodgeball	Suction cup balls	
Dougenan		



Name that Tune Games	Storyteller A GAME ABOUT BUILDING STORIES	
Name that tune	Storyteller	LEGO Wall
Lock & Key Malch		
Lock & Key Match		