

Movement Station
Rotational
Sign and Pictures

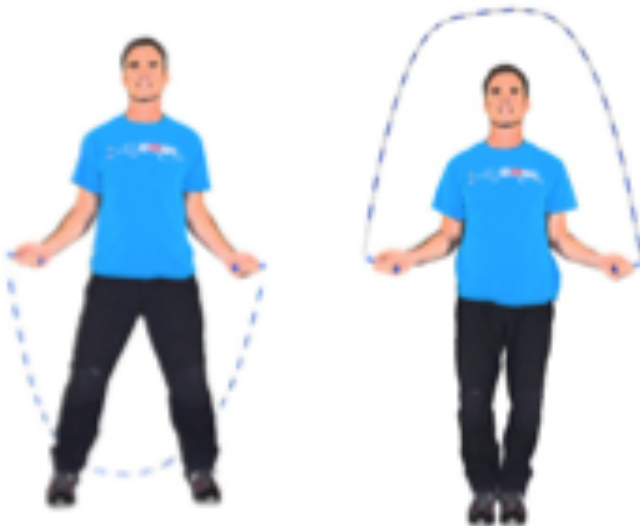
Throw the fish darts:



Stomp on the bubble wrap:



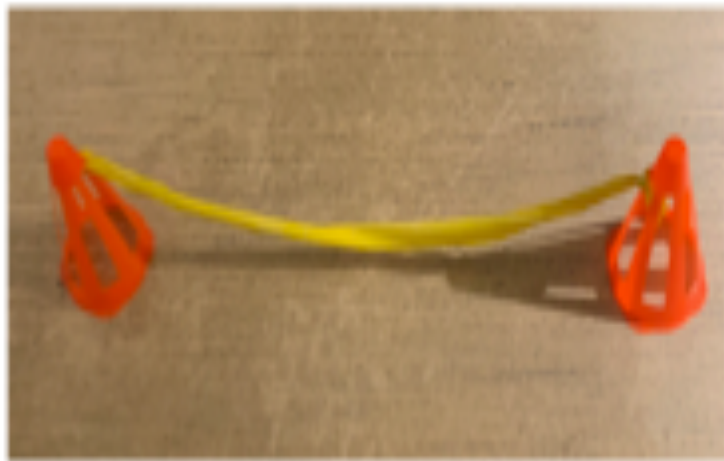
Skip with a skipping rope:



Throw balls in the bucket:



Do jumps over the rubber band:



Set up the hoops and run back and forth:



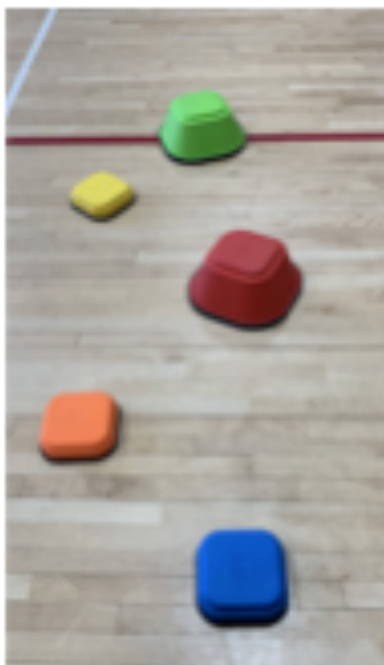
Walk on block-stilts:



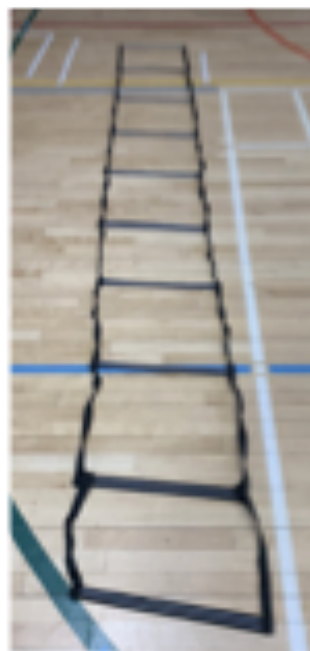
Ring toss on cone:



Walk on the islands:



Roll out the ladder, jump in and out:



Exercise circuit, roll the dice and move!



Throw balls into the Tic Tac Toe:



Burpees:



Hula-hoop wiggle from side to side:



Crab walk:



Hoop hopping:



Stretch with the rubber band:



Hoop-jumping on one foot at a time:



10-sided dice, roll and move!:



Jumping Jacks:

