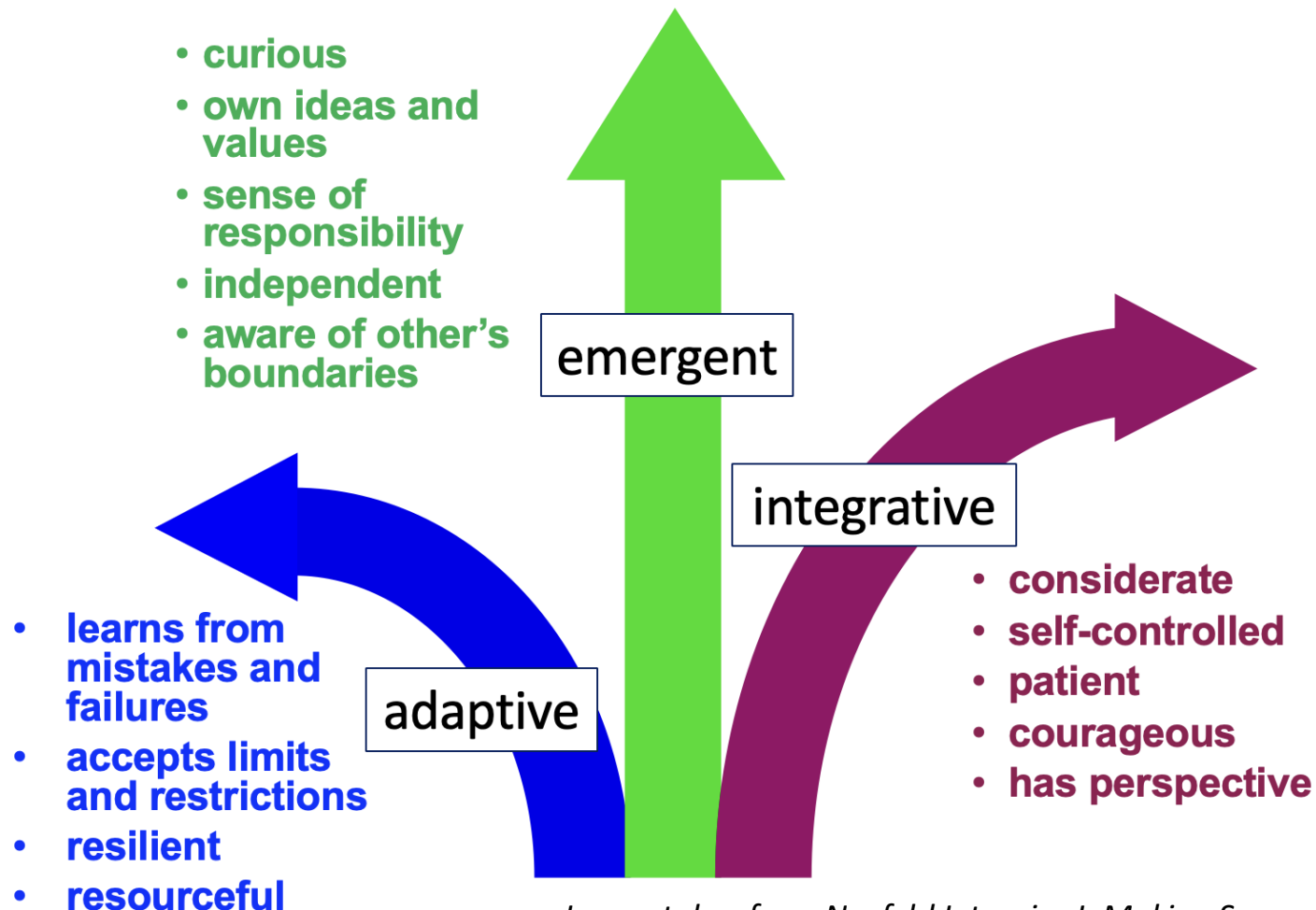


## Neufeld's Synthesis of the Unfolding of Human Potential



# Maturation process



*Image taken from Neufeld Intensive I: Making Sense of Kids course*

**These 'fruit' of maturation are not yet fully developed in the 4-5-year-old. These cannot be taught or pushed. They will spontaneously grow with the right conditions in place.**







## Six Virtues of a Mature Temperament

impulses to react & caring about impact = **SELF-CONTROL**

frustration & caring feelings = **PATIENCE**

fear of the dragon & caring about the treasure = **COURAGE**

concern for self & caring for another = **CONSIDERATION**

impulses to get even & caring feelings = **FORGIVENESS**

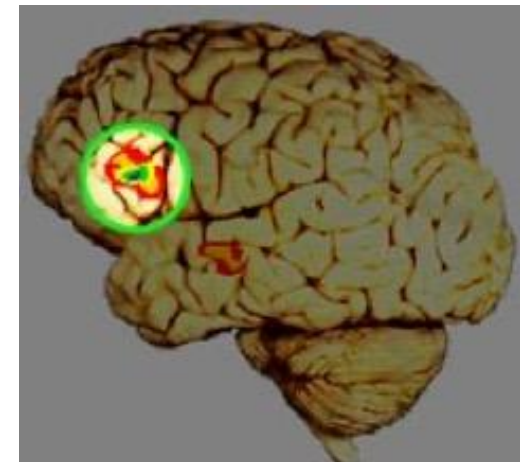
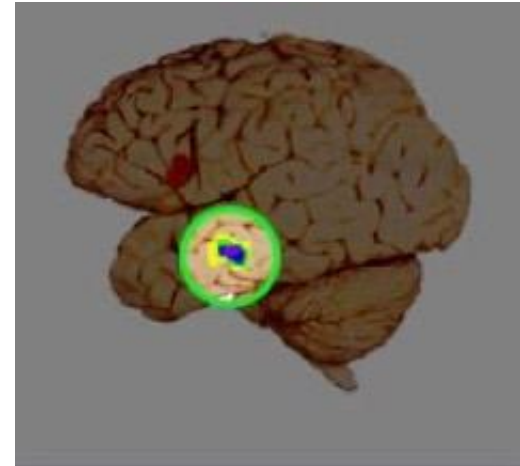
limitations & caring enough to make something work = **SACRIFICE**



# Children in K4-K5 are IMMATURE

*Their brains are under construction!*

- Young children have an undeveloped pre-frontal cortex, which means their emotions aren't filtered or slowed down
- They can have **only ONE** thought or emotion at a time
- They have great difficulty with perspective because they cannot consider someone else's point of view when they're focused on their own



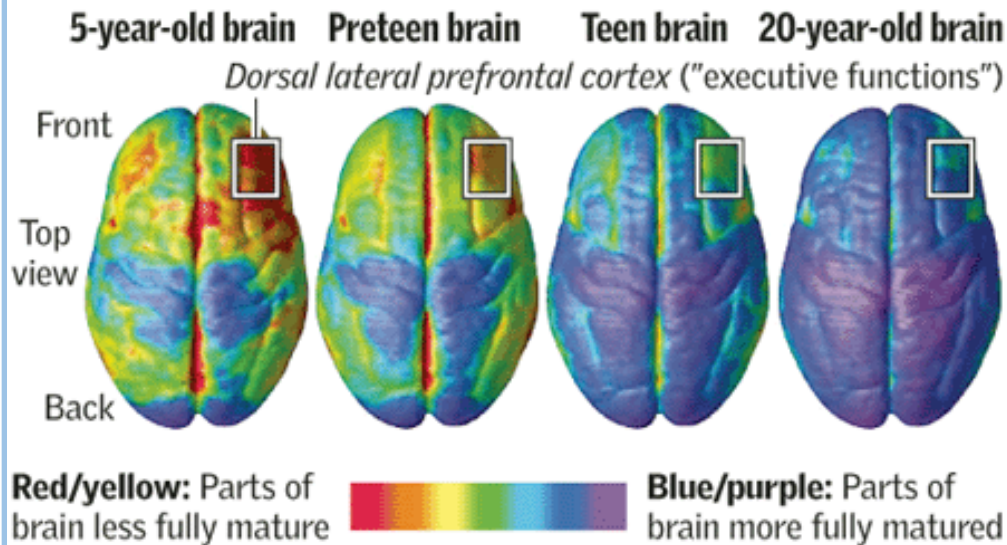
**Immaturity is a NATURAL and NORMAL condition**



# Growth comes from SAFETY and REST

## Judgment last to develop

The area of the brain that controls “executive functions” — including weighing long-term consequences and controlling impulses — is among the last to fully mature. Brain development from childhood to adulthood:



*Image from the National Institute of Mental Health; Paul Thompson, Ph.D.,  
UCLA Laboratory of Neuro Imaging*

- Maturation is NOT inevitable
- Only in ideal conditions can a child be disposed to maturation (trauma can stunt brain development)
- In those conditions the prefrontal cortex debuts its growth between 5-7 years old and continues well into the 20's and 30's
- If a child is **hypersensitive** the 5-7 gap of development will rather be at 7-9 years old



# The IMMATURE child has a hard time:

1. Finding information efficiently and quickly (not yet sufficiently developed **Cerebellum**)
2. Seeing the “whole” picture (not yet sufficiently developed **Corpus Callosum**) – difficult communication between the left and right hemispheres of the brain
3. Tempering their instinctual reactions with conflicting thoughts and feelings. (not yet sufficiently developed **Prefrontal Cortex**)

As a result, they often KNOW better but cannot DO better as Emotion overwhelms REASON.

Behaviour will improve when maturation occurs, but this takes time.