

"Minute to Win It" posters and directions

created by: Tara Coleman



How-to Videos

Click on the links below to watch how-to videos or pictures for each of the games.

Baby Rattle

Stack it Up

Egg Roll

Scoop it Up

Floatacious

Suck it Up

Junk in the Trunk

A Bit Dicey

Stack Attack

Egg Tower



Minute To Win It Challenge Baby Rattle



How to Play ~ Baby Rattle

- ✦ Stand with your hands to your side.
- ✦ When the timer starts, pick up the two bottles by grabbing the section connecting the them together.
- ✦ You may not break apart the bottles or hit them against a table, the floor, or your body.
- ✦ To complete the challenge, you must transfer all the gumballs from the beginning bottle to the final bottle within the 60-second time limit.



Minute To Win It Challenge Egg Roll



How to Play~Egg Roll

- ✦ Place the egg on the ground behind the starting line.
- ✦ When the timer starts, begin fanning the egg with the pizza box...do NOT open the box.
- ✦ If you touch the egg with the box, you must start over.
- ✦ To complete the challenge, the egg must be inside the target zone and come to a complete stop within the 60-second time limit.



Minute To Win It Challenge Floatacious



How to Play~Floatacious

- ❖ The plate will be on the right side of the bowl and the cans will be on the left side of the bowl.
- ❖ When the timer starts, place the plate on the water's surface in the bowl.
- ❖ Stack the cans on top of each other, on the plate.
- ❖ To complete the challenge, all 5 cans must be stacked on top of the plate and remain standing for 3 seconds.



Minute To Win It Challenge Junk in the Trunk



How to Play~Junk in the Trunk

- ❖ The box will have 8 ping pong balls inside of it and it will be strapped to your waist.
- ❖ The box will be on the lower part of your back.
- ❖ When the timer starts, you may begin moving your body to shake the Ping-Pong balls out.
- ❖ You may NOT touch the box or the belt.
- ❖ To complete the challenge, you must get all Ping-Pong balls out of the box within the 60-second time limit.

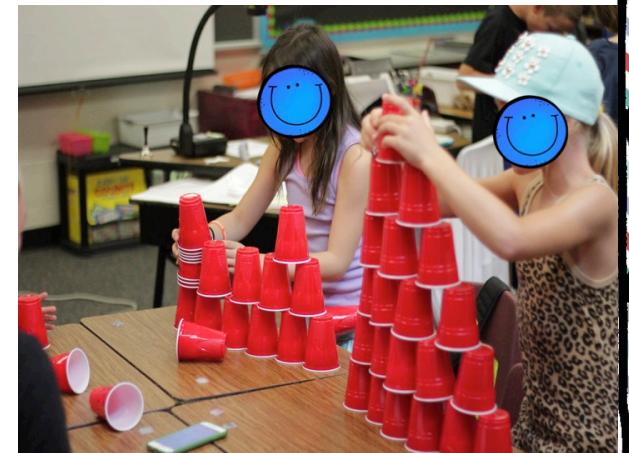


Minute To Win It Challenge Stack Attack



How to Play~Stack Attack

- ❖ When the timer starts, you may begin stacking the cups into a pyramid.
- ❖ You will start with 6 cups as the base.
- ❖ When the triangle is complete, with 1 cup at the top, 2 cups below that, and so on, you may begin to get the cups into a single stack.
- ❖ To complete the challenge, you must build a complete triangle using all of the cups, then get all of the cups back into a single stack within the 60-second time limit.



Minute To Win It Challenge Stack it Up



How to Play~Stack it Up

- ✦ You will start with one hand behind your back and 30 pennies in a pile.
- ✦ When the timer starts, you may begin stacking the pennies on top of each other, using ONLY one hand.
- ✦ You will stack 30 pennies one on top of the other.
- ✦ If the stack falls, just keep going.
- ✦ To complete the challenge, all 30 pennies must be stacked on top of each other and remain standing for 3 seconds.

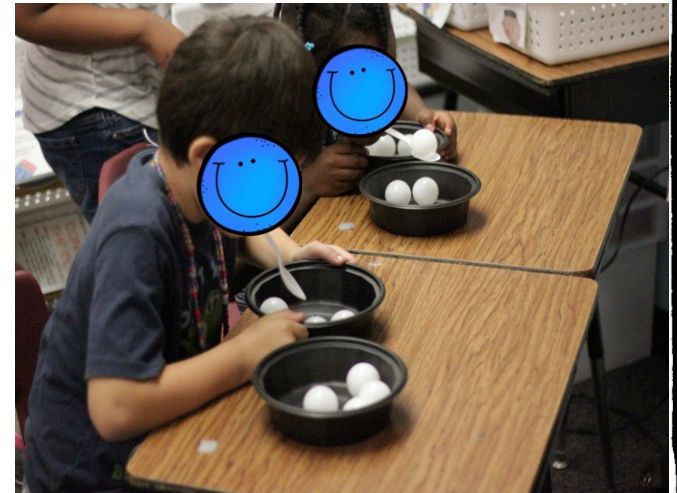


Minute To Win It Challenge Scoop it Up



How to Play~Scoop It Up

- ❖ When the timer starts, you must transfer six ping pong balls from one bowl to another, using ONLY a spoon in your mouth.
- ❖ You will use the spoon to scoop up each ping pong and move it from one bowl to the other.
- ❖ You are allowed to hold the original bowl with your hands.
- ❖ If a ball drops, you must pick it up and put it back into the original bowl.
- ❖ To complete the challenge, all 6 ping pong balls must be in the second bowl within the 60-second time limit .



Minute To Win It Challenge Suck it Up



How to Play~Suck it Up

- ❖ When the timer starts, you must transfer 25 Smarties from one plate to another.
- ❖ You will use a straw to suck up each Smartie and move it to another plate.
- ❖ You may hold the straw and the plate in your hand.
- ❖ If a Smartie falls you must pick it up and put it back in the original plate.
- ❖ To complete the challenge, all 25 Smarties must be in the other bowl within the 60-second time limit .

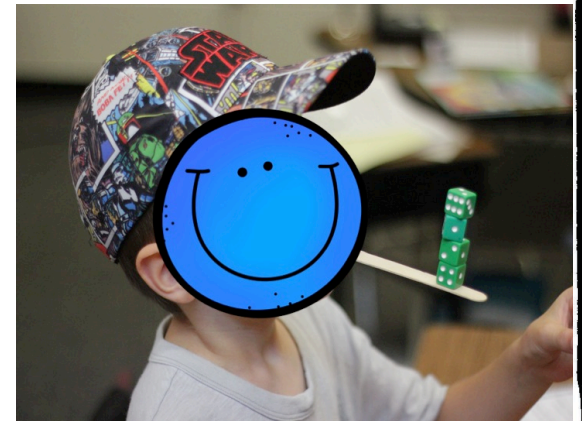


Minute To Win It Challenge A Bit Dicey



How to Play~A Bit Dicey

- ❖ When the timer starts, you must balance 6 dice on the end of a large craft stick.
- ❖ You will sit in a chair and hold the craft stick in your mouth, biting down with your teeth.
- ❖ You must stack 6 dice one on top of the other on the craft stick.
- ❖ If the dice drop, you must start over.
- ❖ To complete the challenge, all 6 dice must be stacked on top of each other and remain standing for 3 seconds.



Minute To Win It Challenge Egg Tower



How to Play~Egg Tower

- ✦ When the timer starts, you must make a tower of 4 alternating paper towel rolls and plastic eggs.
- ✦ You will stand a paper towel roll on the floor, put a plastic egg on top, and continue the pattern until there are 4 of each.
- ✦ If the tower falls over, you must start over.
- ✦ To complete the challenge, the tower must remain standing for 3 seconds.



Thank You!!

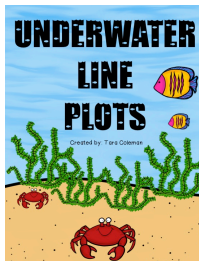
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