

VISUAL SCHEDULE

A tool that provides children with a clear and organized representation of their daily routine. It often includes pictures, symbols or words that represent activities or transitions throughout the day in a sequential order.



It will:

- Reduce anxiety
- Provide structure and a sense of safety
- Increase independence in daily routine
- Help create a predictable learning environment
- Help create a sense of belonging
- Promote engagement and participation

HERE are a few examples of visual schedules you can include in your classroom!

How to Implement a Visual Schedule:

- **Create Simple Visuals**

Use pictures, icons or photos to represent each activity, with simple words

- **Involve the Children**

Introduce the schedule during circle time and review it together daily

- **Adapt**

Include symbols for "Free Choice" or "Special Events" to prepare children for changes in their routine

- **Make it Accessible!**

Place the schedule at eye level where all children can see it and refer to it throughout the day

