

PART 6

From Insight to Action

Small changes. Big possibilities.

SMALL-GROUP DISCUSSION / ACTIVITY: The shared ecosystem of regulation



Discuss

Draw the people around one student: family, classroom teacher(s), Resource Teacher, specialists/providers, support staff, administrators, and other key school staff.

1. Name the unique contribution of each person or group.
2. Identify one gap, duplication, or mixed message in the current system.
3. Decide where the Resource Teacher can act as connector rather than owner.
4. Choose one communication or coordination practice that would increase consistency.

INDIVIDUAL EXERCISE: My 30-Day Practice Experiment



How to use this activity

Choose one small, observable change to test rather than a broad goal.

PRACTICE I WILL TEST: Be specific: what will I do differently?	
CONTEXT: Where, when, and with whom will I test it?	
WHY THIS MATTERS: What student/adult need or barrier does it address?	
WHAT I WILL NOTICE: What would early improvement look like?	
WHO I WILL INVOLVE: Who can help implement, observe, or give feedback?	
REVIEW POINT: When will I review and decide: continue, adapt, fade, or intensify?	

SELF-REFLECTION QUESTIONS: Closing reflection

- One idea that challenged my thinking...
- One practice I want to stop or reduce...
- One practice I want to strengthen...
- One conversation I need to have with a colleague/team...
- One way I can build capacity rather than dependency...



Closing thought

The goal is not for the Resource Teacher to become indispensable to one student. The goal is to help create conditions, relationships, practices, and coordinated supports that make success increasingly possible across the student's everyday environments.

Notes & Ideas