

PROBLEM WITH CONSEQUENCES

MATURATION

- Requires the ability to remember the consequence in the heat of the moment-well developed prefrontal cortex functioning
- Interferes with the development of caring

VULNERABILITY

- Requires ability to tolerate vulnerability / feel sadness
- Risks increasing hardening/ disengagement – “I don’t care”.

ATTACHMENT

- Can negatively affect the relationship with adults
- Feels unfair. “Adults take away what I care about the most.”

In times of high emotion, integrative capacity (using all parts of the brain) diminishes

ALTERNATIVE: PREVENTIVE INTERVENTION

- Adults decide what is in the student's best interest to PREVENT further problems (not to change behavior)
 - Alternative recess
 - Avoiding hallways and lockers
 - Protected lunch
- Accept that the student will not be happy
 - Adult accepts the consequences of being a “wall of futility”
 - Give lots of space for emotional expression
- Be firm but kind
 - Do very little talking and explaining
- Make sure the **alternative is pleasant**

Instead of CONSEQUENCES