

SENSORY BOTTLE FILLERS

LIQUIDS

Water
Glitter glue
Clear glue
Vegetable oil
Baby oil
Hand soap
Corn syrup
Hair gel
Tonic water
Dish soap

ADD-INS

Food colouring
Fine glitter
Chunky glitter
Glycerin

OBJECTS

Pom-poms
Loom bands
Beads
Sequins
Foam letters
Yarn
Water beads
Metallic chips
Paperclips
Pipe cleaners
Marbles
Googly eyes
Mini erasers
Small toys
LEGO
Cut straws
Buttons

NATURE

Flowers
Sticks
Leaves
Pebbles
Sand
Seashells
Grass
Rice
Dry chickpeas
Lentils
Dry beans
Rocks
Pinecones
Corn
Pine needles
Quinoa
Split peas