

Sensory-friendly practices

Tier 1 universal interventions

IN THE CLASSROOM

- ❑ Introduction, exploration and ongoing monitoring the range of sensory materials:
 - Fidgets and sensory bins
 - Alternate seating
 - Alternate work stations
- ❑ The use of a Designated Area with fidget materials, different textures, sound reducing headphones
- ❑ Implementation of Brain Breaks and having a Movement Station within the classroom
 - Teacher lead, videos, children's literature targeted for movement
- ❑ The use of a Personal Bin with preferred selected sensory materials