Indoor Recess Activity Board

In this package, you will find:

- 1. Indoor Recess Activities Cycle 1 Suggested activities
- 2. Visual of layout of Activity Board
- 3. Title cards for your Activity Display board
- 4. Activity cards for Quiet Time Activities, Physical Activities and Community Projects

Note: We encourage you to laminate these cards for extended use. They can be affixed with Velcro, FunTak or Magnets.

Indoor Recess Activities - Cycle 1

Quiet Time Activities	Physical Activities	Community Project
✓ Mandalas/coloring pages	✓ Go Noodle	✓ Mural drawing on banner pape
✓ Lacing pages	✓ Let's Dance	✓ Class Puzzle
√ Collage making	✓ Fitness Bingo	✓ Building game
✓ Search'n Find placements	√ 10 sided exercise dice	✓ THEME craft table
✓ Laminated mazes with dry-erase markers	✓ Hula hoops (a station in the room)	✓ Weaving project
√ Play Doh	✓ Simon Says Game	✓ Robot making with recycled
✓ Pattern making with beads	✓ Desk Drumming	items
✓ K'Nex, Legos, Straws and Connectors	✓ Pool Noodle workout	✓ Junior Pictionary
(Building games)	✓ Alphabet Fitness	✓ LEGO Wall
✓ Snakes & Ladders (Variety of board games)	✓ Boks Fitness program	✓ Class Treasure Hunt with
√ Junior Rush Hour	✓ Yoga exercises	pictures
√ Hoppers	✓ Hide and Seek in the classroom	✓ Scavenger Hunt
✓ Guess Who?	✓ Sardines	✓ Math Wall Challenges (ex. Post-
√ Cards, Uno	✓ Musical Chairs	It Number Match Activity)
✓ Connect 4	✓ Xs and Os	✓ Melting Snowman
√ Logix, Numéro, Animalogic, Architek	✓ Cup stacking – construction and	✓ Broken telephone
√ Sorting games	destruction	✓ Alphabet objects
✓ "Craft Station"	✓ Hide and Seek	✓ Storyteller
✓ Art for Kids Hub	✓ Hand clapping game	✓ Twenty questions
✓ Post Office set-up (writing notes, letters, etc.)	✓ Obstacle course	✓ Name that tune
√ Lock & Key Match	✓ Red light, Green light	
	✓ Dance freeze	
✓ <u>Personal project</u> :	✓ Floor in lava	
√ Yarn creation -corking, straw weaving,	✓ Group jump rope	
finger knitting		
√ Fidget making		
√ Sketching (personal book)		



Quiet Time Activities

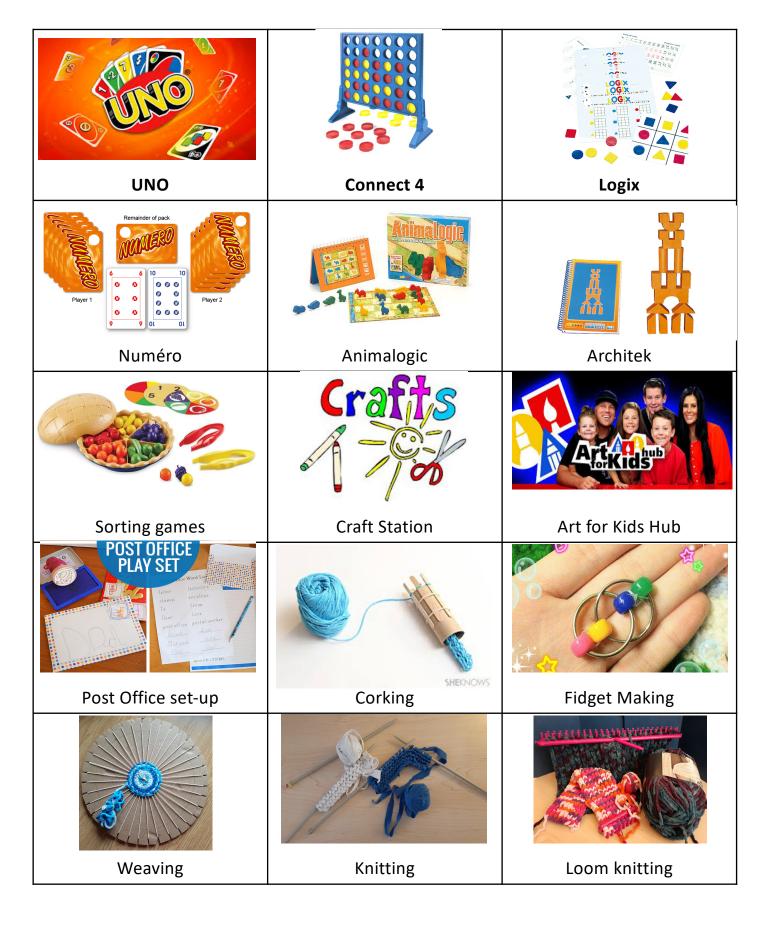
Physical Activities

Community Projects

Special Activity

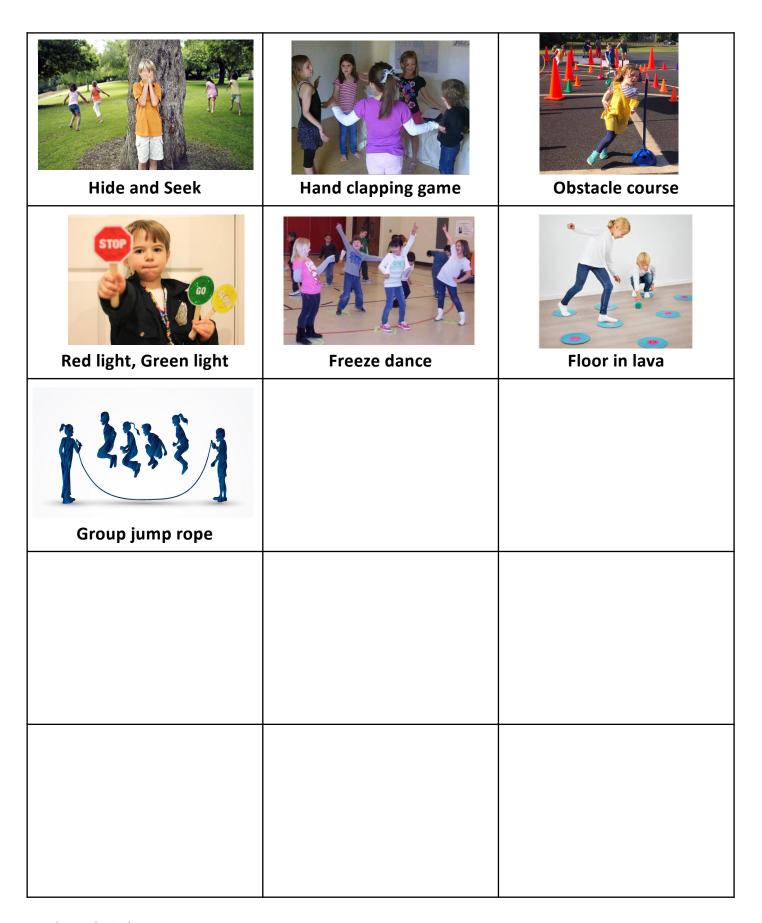
Indoor Recess Activities





Sketching	







Mural drawing



Community Puzzle



Building game



THEME craft table



Math Wall Challenges



Melting Snowman



LEGO wall



Treasure Hunt



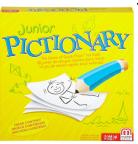
Color Scavenger Hunt



Weaving project



Robot making



Junior Pictionary



Broken telephone



Alphabet objects



Storyteller

