

# What does a good attachment look like between an ADULT and a CHILD?



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## The Dance of Right Relationships

- \* takes responsibility for the child or teen

- \* trusts and depends upon the provider

- \* orients and informs the child

- \* gets their bearings from provider

- \* takes care of them

- \* looks up to their caretaker

- \* protects and defends

Provider

Child/  
Teen

- \* waits for directions

- \* guides and directs

- \* follows their provider

- \* looks out for them

- \* feels a sense of belonging

- \* provides a sense of belonging

- \* expresses their needs to caretaker

- \* leads when needed

- \* feels taken care of

- \* hides their needs and focusses on the child's needs

- \* seeks assistance from provider

- \* gives directions

- \* looks to the provider for guidance

- \* shares their values

- \* wants to comply and conform

- \* sets limits and supports the expression of emotion

- \* shares their feelings

