

Creating the Context to Support Student Growth

Working from the 'bottom up!'

10.	When these resources are limited or leave you yearning for more information, knowledge and guidance, reach out to the Centre of Excellence for Behavior Management. We'll gladly support your board professionals to guide you in your journey. Visit the CEBM website – there are lots of very helpful and ready to use resources to help you.
9.	When needed, reach out to your school board professionals, community resources, they are there to help, guide and support you in this journey.
8.	Parents are key players, share with them all that your team is doing to help their child feel safe at school so they can learn and grow to reach their potential. Invite and encourage them to be active team members with you, their child will reap the benefits!
7.	Supporting challenging students is a demanding task – adults require great patience, compassion and understanding for the students in their care. For this reason, it is essential for the members of a school team to work aligned together to 'hold strong when the going gets tough!' Ongoing discussion and meetings are recommended.
6.	<p>Provide a wide range of experiences within your intervention room to support students as they work through their emotions</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cocoon Area <input type="checkbox"/> Building & Creating Area <input type="checkbox"/> Sensory Materials <input type="checkbox"/> Fine-Motor & Quiet Activities <input type="checkbox"/> Movement Stations <input type="checkbox"/> Puzzle Area <input type="checkbox"/> Play Drama Dress-Up <input type="checkbox"/> Children's literature <input type="checkbox"/> Individual Work Stations <input type="checkbox"/> Alternate Seating Options <input type="checkbox"/> Accessibility to Materials <input type="checkbox"/> Academic Resources <input type="checkbox"/> Executive Functioning Resources
5.	<p>Invite and support emotional expression to provide a safe venue that is without</p> <ul style="list-style-type: none"> <input type="checkbox"/> Emotion Sharing Tool <input type="checkbox"/> Personal Choice Board <input type="checkbox"/> Personal Bins <input type="checkbox"/> Emotions Parking lot <input type="checkbox"/> K-Cycle 1 Intervention Folder <input type="checkbox"/> Cycle 2-3 Squawk Box <input type="checkbox"/> Accessibility to Materials for Personal Emotional Expression <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>"Being filled with emotion is not the problem, how it is channeled can however lead to problems. Let's provide a terrain to express, feel and manage emotions."</p> </div>
4.	<p>Prepare and plan your interventions</p> <ul style="list-style-type: none"> <input type="checkbox"/> Practices to avoid <input type="checkbox"/> Attachment Friendly Practices <input type="checkbox"/> Trauma Informed Practices <input type="checkbox"/> Emotion & Play-Based Practices <input type="checkbox"/> Sensory Friendly Practices <input type="checkbox"/> Intervention Planning & Mapping <input type="checkbox"/> Brain Breaks <input type="checkbox"/> Indoor Recess <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>"The adults need to work so the children can play, come to rest, and grow."</p> </div>
3.	<p>Factors that impact a student's behavior</p> <ul style="list-style-type: none"> <input type="checkbox"/> Alarm & Anxiety <input type="checkbox"/> Frustration & Aggression <input type="checkbox"/> Resistance & Opposition <input type="checkbox"/> Bossiness & Demanding Behavior <input type="checkbox"/> Stuckness & Emotional Hardening <input type="checkbox"/> Sensory Issues <input type="checkbox"/> Attention Problems <input type="checkbox"/> Autism Spectrum Disorder <input type="checkbox"/> Bullying Problems <input type="checkbox"/> Other.... <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Be considerate of the impediments in your student's lives, <u>these are their daily challenges!</u></p> </div>
2.	<p>Become informed:</p> <ul style="list-style-type: none"> <input type="checkbox"/> CEBM Distinctives <input type="checkbox"/> Intervention Pyramid & Systems Approach <input type="checkbox"/> Attachment & Right Relationship <input type="checkbox"/> Youth & Immaturity <input type="checkbox"/> Play & Emotion <input type="checkbox"/> Trauma & Sensitivity <input type="checkbox"/> Sensory & OT Perspective <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>"Going to the source – understanding the roots" What you learn here will shift what you see, what you see will shift how you intervene.</p> </div>
1.	<ul style="list-style-type: none"> <input type="checkbox"/> Determine what is not working and choose to move forward in a different manner – PARADIGM SHIFT <input type="checkbox"/> Transform and maximize your physical space



**** Start from here! **** Please visit the www.cebm.ca to find all the resources listed in this intervention journey with your students and school team. You will find a range of recordings of presentations, video capsules, resource guides, editorials, documents and intervention materials that you can download.