

# VISUAL SCHEDULE

A tool that provides children with a clear and organized representation of their daily routine. It often includes pictures, symbols or words that represent activities or transitions throughout the day in a sequential order.



## It will:

- Reduce the children's anxiety
- Provide them with structure and a sense of safety
- Increase their independence in regards to their daily routine
- Help to create a predictable learning environment
- Help to establish a sense of belonging
- Promote their engagement and participation

**HERE are a few examples of visual schedules that you can include in your classroom!**

## How to Implement a Visual Schedule:

- **Creating Simple Visuals**  
Using pictures, icons or photos to represent each activity, along with simple words
- **Involving the Children**  
Introducing the schedule during circle time and reviewing it together on a daily basis
- **Adapting it**  
Including a visual for "Special Event" so as to prepare the children for the changes in their routine
- **Making it Accessible!**  
Placing the schedule at eye level so that all children can see it and refer to it throughout the day

