

UNDERSTANDING SENSORY BEHAVIOR

WHAT YOU SEE

YOUR CHILD OVERREACTING, BEHAVING BADLY (REFUSING) OR SHYING AWAY, HIDING

YOUR CHILD JUMPING ON THE FURNITURE, MOVING NON-STOP OR CLIMBING EVERYTHING

MELTDOWNS OVER PUTTING ON SOCKS AND SHOES, DOESN'T LIKE WEARING CLOTHES OR BOTHERED BY SOME FABRICS

PUTTING EVERYTHING IN THEIR MOUTH OR BEING A PICKY EATER

COVERING THEIR EARS; COMPLAINING THAT IT IS TOO LOUD OR ALWAYS TALKING, BANGING THINGS AND MAKING NOISE

CRAWLING ALL OVER PEOPLE, BEING TOO CLOSE/IN PEOPLE'S PERSONAL SPACE, ALWAYS TOUCHING EVERYTHING

COVERING THEIR EYES, SQUINTING, LOOKING DOWN, HAVING A HARD TIME FOCUSING AND EYES DARTING AROUND.

WHAT IT MEANS

YOUR CHILD MAY BE SENSITIVE TO LOUD NOISES, MOVEMENT OR OVERWHELMED BY THE AMOUNT OF INPUT SO THEY ARE TRYING TO RETREAT OR BLOCK IT OUT

SENSORY SYSTEM CAN BE UNDER OR OVER RESPONSIVE. SOME KIDS HAVE AN INCREASED NEED FOR MOVEMENT AND ARE ALWAYS ON THE GO TRYING TO MEET THAT NEED.

THE FEEL OF THE SOCKS, SHOES OR EVEN THE TYPE OF CARPET MAY BE UNCOMFORTABLE TO THE CHILD

SOME KIDS CRAVE ORAL STIMULATION OTHERS AVOID IT AND MAY BE SENSITIVE TO TEXTURES, TASTES OR SMELLS MAKING MEAL TIMES CHALLENGING

MAY BE SENSITIVE TO SOUND AND MAY TRY TO AVOID IT OTHERS MAY SEEK OUT NOISE AND CREATE NOISE OF THEIR OWN TO SATISFY THEIR NEED FOR SOUND.

CHILDREN MAY STRUGGLE WITH BODY AWARENESS, THEY MAY HAVE A HARD TIME JUDGING DISTANCE, NOT REALIZE THEY ARE TOO CLOSE OR LEAN ON YOU.

CHILD MAY BE OVERSTIMULATED VISUALLY OR BE EASILY DISTRACTED BY VISUAL STIMULI. THEY MAY TRY TO BLOCK IT OUT OR BE FASCINATED STARING AT SOME OBJECTS